SHODASHOPACHARA BRIEF

They are: 1) AvAhanam = welcoming, 2) Asanam = offering a seat, 3) pAdyaM = washing the feet, 4) arghyam = arghaH means something precious, it also refers to worship, argham arhati iti arghyam i.e. a valuable gift, 5) Achamanam = ritualistic sipping of water, 6) snAnam = bathing, 7) vastra = clothes, 8) upavItam = the sacred thread worn across the torso, 9) gandham = sandal-wood paste, 10) puShpam = flowers, 11) dhUpakam = fragrance (incense sticks), 12) dIpaM = light, 13) naivedyam = offering food, 14) tAmbUle = the betel leaves and spices chewed after food, 15) pradakShiNam = circumambulation in reverence, 16) visarjanam = bidding farewell. Quite an impressive and elaborate arrangement! These are performed everyday by most traditionalists even now.