

.. ଷୋଡଶୋପଚାର ..

ଆବାହନାସନଂ ପାଦ୍ୟଂ ଅର୍ଘ୍ୟମାଚମନଂ ତଥା.

ସ୍ନାନବସ୍ତ୍ରୋପବୀତାନି ଗନ୍ଧ ପୁଷ୍ପେ ଚ ଧୂପକଂ.

ଦୀପଂ ନୈବେଦ୍ୟ ତାମ୍ବୁଲେ ପ୍ରଦକ୍ଷିଣ ବିସର୍ଜନେ..

आवाहनासनं पाद्यम् अर्घ्यमाचमनं तथा।

स्नानवस्त्रोपवीतानि गन्धपुष्पे च धूपकम्।

दीपं नैवेद्यताम्बूले प्रदक्षिणविसर्जने॥

AvAhanAsanaM pAdyaM arghyamAchamanaM tathA.

snAnavastropavItAni gandha puShpe cha dhUpakaM.

dlpaM naivedya tAmbUle pradakSiNa visarjane..

They are: 1)*AvAhanam* = welcoming, 2)*Asanam* = offering a seat, 3)*pAdyam* = washing the feet, 4)*arghyam* = *arghaH* means something precious, it also refers to worship, *argham arhati iti arghyam* i.e. a valuable gift, 5)*Achamanam* = ritualistic sipping of water, 6)*snAnam* = bathing, 7) *vastra* = clothes, 8) *upavltam* = the sacred thread worn across the torso, 9) *gandham* = sandal-wood paste, 10) *puShpam* = flowers, 11) *dhUpakam* = fragrance (incense sticks), 12) *dlpam* = light, 13) *naivedyam* = offering food, 14) *tAmbUlam* = the betel leaves and spices chewed after food, 15) *pradakShiNam* = circumambulation in reverence, 16) *visarjanam* = bidding farewell. Quite an impressive and elaborate arrangement! These are performed everyday by most traditionalists even now.

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Source: <http://advaita-academy.org/Articles/nirguNa-mAnasa-pUjA-of-Sri-Adi-Shankaracharya.ashx>
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